EMPOWERED
COACHING & CONSULTANCY

Cookie policy

Last updated: 22 October 2026

This cookie policy explains how and why we use cookies on www.empowered-coaching.today. It sits alongside our Privacy notice.

Our workbook shop at shop.empowered-coaching.today is run on Payhip. It has its own cookie banner, and its cookies are explained in the shop's privacy notice.

What cookies are

Cookies are small text files saved on your device when you visit a website. They help a site work properly, remember your preferences and show how people use it.

The cookies we use

- **Essential (Wix):** keep the site working, including sessions, security and basic functions. These are strictly necessary and can't be turned off.
- **Functional (Wix):** remember your preferences and let the chat assistant keep track of your conversation.
- **Analytics (Wix Analytics, Google Analytics):** show us which pages help people and what needs fixing. These only run if you agree.
- **Marketing:** help us understand how people find us. These only run if you agree.

Your choices

When you first visit, you'll see a cookie banner. You can accept all cookies, reject non-essential cookies, or choose which ones to allow. Rejecting non-essential cookies won't stop the site working.

You can change your mind at any time through the cookie settings link in the footer, or by clearing cookies in your browser settings.

Cookies set by other companies

Some cookies are set by services we use, such as Wix and Google. Meta may set cookies if social media tracking is turned on, and YouTube may set cookies if a page includes an embedded video. We don't control these cookies. Please check those companies' own policies.

How long cookies last

Some cookies are deleted when you close your browser. Others stay on your device for a set time. You can see the details for each cookie in the settings on our cookie banner.

Questions

Email contact@empowered-coaching.today. You can read how we use your personal information in our Privacy notice.