EMPOWERED
COACHING & CONSULTANCY

Accessibility statement

Last updated: 22 October 2026

Empowered Coaching is built for neurodivergent and disabled people. Accessibility is part of why the business exists.

What we aim for

- Clear, plain English, with short sections and as little jargon as possible
- Good colour contrast and readable fonts
- Content you can read at your own pace, including downloadable PDFs
- ADHD-friendly layouts, with headings, bullet points and space to breathe
- Captions or transcripts for video and audio, where possible

We aim to meet the Web Content Accessibility Guidelines (WCAG) 2.2 at level AA.

What we're still working on

- Some older resources may not fully meet WCAG 2.2 AA. We're updating them over time.
- Some services we use, such as booking, payment and social media, may not be fully accessible. We choose providers with care.

If something isn't working for you

Email contact@empowered-coaching.today. We'll do our best to give you the content in another format, or to fix the problem. Your feedback helps us do better.

Adjustments for sessions and training

If you need any adjustments for a session, workshop or training, please tell us. We'll work with you to make it accessible.