EMPOWERED
COACHING & CONSULTANCY

Safeguarding statement

Last updated: 22 October 2026

Empowered Coaching takes safeguarding seriously. Emma works with adults aged 18 and over, and stays alert to the safety of anyone her clients mention, including children and other adults at risk.

Our commitment

- Working within NCPS and EMCC ethical standards and UK safeguarding law
- Acting quickly if there's a concern about the safety of a child, an adult at risk, or a client
- Being clear about the limits of confidentiality, as explained in our Confidentiality statement
- Keeping up to date with training in safeguarding and trauma-informed practice

Emma is the Designated Safeguarding Lead for Empowered Coaching. Our practice is guided by the Children Act 1989 and 2004, the Care Act 2014, Working Together to Safeguard Children 2023, and the NCPS and EMCC professional codes.

If you're worried about a child or an adult at risk

- **In immediate danger:** call 999.
- **A child in Oxfordshire:** call the Multi-Agency Safeguarding Hub on 01865 519800 (Monday to Thursday 8.30am to 5pm, Friday 8.30am to 4pm), or the Emergency Duty Team on 0800 833 408 outside these hours.
- **An adult at risk in Oxfordshire:** contact Oxfordshire County Council on 01865 792422, or report it online at oxfordshire.gov.uk.
- **Outside Oxfordshire:** contact the local council where the person lives.
- **Advice about a child:** NSPCC helpline on 0808 800 5000.
- **Domestic abuse:** National Domestic Abuse Helpline on 0808 2000 247, free, 24 hours a day.